

BULLETIN

AGRUPACIÓN MUSICAL MOZART E.I.R.L.

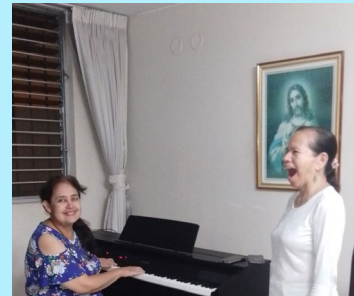
RUC: 20602120334

DIRECTOR: AMANDA VILLAMONTE MEDINA

N°1 | JANUARY – APRIL 2024 VOLUME II



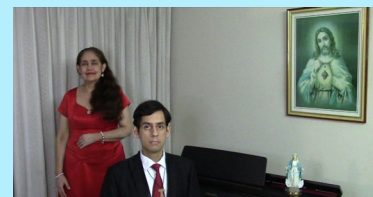
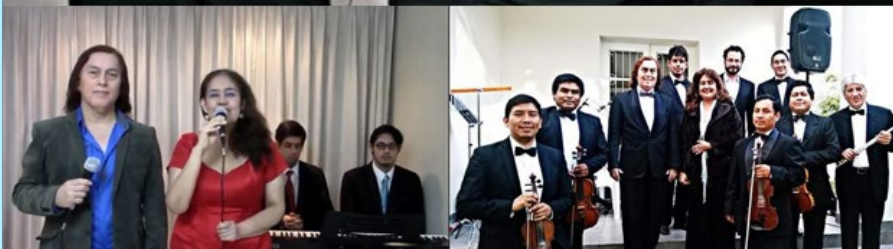
SUBJECT 01: Music therapy and mental health.



SUBJECT 02: Music services for events.




SUBJECT 03: Elaboration of music videos.



OUR ACTIVITIES:

- We carry out music therapy workshops for Companies, health establishments (hospitals, clinics, nursing homes), and educational institutions (universities, colleges, professional schools).
- We provide musical services for receptions, recitals, Masses, weddings, parties, and others.
- Virtual and in-person singing, organ, and co-repetition classes.
- We make personalized videos and music tracks.

CONTACT INFORMATION :

 +51 989 545 152

 amandaluisasoprano@gmail.com

 <https://www.facebook.com/AgrupacionMusicalMozart/>

 <https://www.youtube.com/@alvm1965>

 <https://www.coromozartperu.com/>

SUBJECT 01: Music therapy and mental health

I define Music Therapy as a therapy or treatment through music, or singing, with the purpose of improving the physical and mental health of the patient, client, or student, through specific techniques applied by the music therapist.

We want to ensure that the person:

- Increase your self-esteem and improve your self-concept and connection with yourself.
- Improve your cognitive processes: memory, thinking, perception, attention, and language.
- Control and reduce the symptoms of mental illness if you suffer from it.
- Reduce anxiety, depression, stress, procrastination.
- Increase strengths, decrease weaknesses.
- Assertiveness, adaptive capacity, and proactivity are increased.
- Your ability to socialize with your partner, children, parents, study, and work colleagues increases.
- Identify your cultural group of origin and with the new cultural group to which you currently belong, if applicable.
- Your performance in study, work, and productivity improves.
- Feelings of happiness, peace, and goodness.

We had successful music therapy sessions with elderly people

SUBJECT 02: International Events: Singing recital for the 489 Lima City Foundation Anniversary, in the Consulate of Peru in Miami.

Musical services in Lima Peru

- Anniversary of the creation of Calle Peru in Miami
- Saint James the Apostle Parish: Singing in the Mass
- Sor Querubina School: Singing in the Mass
- Saint Monica Parish: Singing in the Mass
- Event of Magazine Dstinos Peru. Singing participation. Recognition of: Influential leader of Peru 2024
- Event of Magazine Dstinos Peru and Lima Municipality: Singing participation

SUBJECT 03: Making music videos:



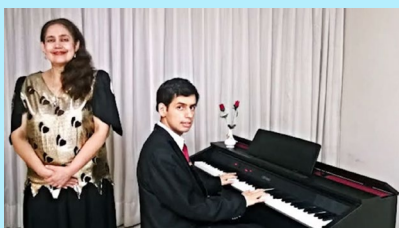
“Cuan grande es Él” of Carl Boberg

<https://youtu.be/K4LU7CmQ440>



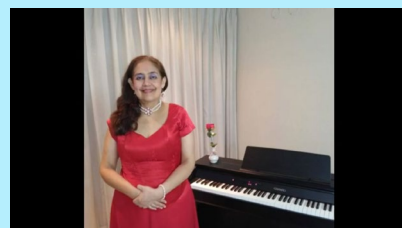
“Es Puro Perú” of Carmen Polo”

<https://youtu.be/b0gb1tuMWkg>



“Juntos como hermanos” of Cesareo Gabarain

<https://youtu.be/1RIVaXzGTjO>



“Cuando te encuentres solo” of Horacio Guarany

<https://youtu.be/Kf0c-efDpgA>